



First Aid Information Training Course

FIRST AID INFORMATION FOR ALL YOUR NEEDS

First Aid is a basic life skill that we all need. It is better to know First Aid and not need it then to need it and not know it. Our First Aid Information Course is designed to provide Students with basic first aid skills so that they cope until further medical intervention is available. Our aim is to make Students more confident in dealing with everyday medical situations that arise without warning.

COURSES SYLLABUS

First Aid in the Workplace

Aims of First Aid

Patient Assessment

First Aid Equipment

Respiratory Emergencies

Wounds & Bleeding

The Recovery Position

Sprains & Strains

Burns & Scalds

Calling for Help

All Course Tutors are registered instructors with the Prehospital Emergency Care Council (PHECC)



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OHS solutions for Your business



FIRST AID INFORMATION TRAINING

Somebody faints – what do you do? A colleague chokes on a sandwich – would you be able to do something to help. These are some of the questions that we aim to answer in this course.

From everyday medical situations to life threatening events the skills of first aid are applicable for everybody. The basis of this course is to teach personnel the basics of handling medical situations until further medical help arrives.

We also introduce to the students to the concept of “Hands Only” CPR which provides life saving first aid treatment in the event of a person suffering a sudden collapse. Considering the fact that 18 people die every day in Ireland from a Sudden Cardiac Arrest it is a necessary life skill to be able to deal with such an emergency.

COURSE DURATION

This course takes place over 3 hours. Provision is made for a 15 minute Refreshment Break. Students must attend the entire course to satisfy the certification criteria.

COURSE ASSESSMENT

Assessment of the Students is carried out by the course tutor through their engagement on the course and their participation in the practical skills sessions.

CLASS SIZE

To facilitate the Learning Process the maximum number of students per course is 12 persons.

FOR FURTHER INFORMATION

If you require further information please visit our website

“HANDS ONLY” CPR TRAINING

All candidates who complete a First Aid Information are briefed on the new “Hands Only” CPR techniques devised by the Pre Hospital Care Council.

Citizen CPR is a new initiative from PHECC to teach lay rescuers the basic techniques to administer Chest Compressions in the event of a Sudden Cardiac Arrest.



FIRST AID EQUIPMENT

EMS & Associates supply a range of high quality first aid equipment including H.S.A. compliant first aid kits and home first aids kits which we can display on our course. Student's wishing to purchase equipment will receive a 10% discount on the list prices of all products

“GOOD HEALTH & SAFETY IS NO ACCIDENT”